

**Responding to Developmental Trauma: Treatment and Care  
With Daniel A. Hughes, Ph.D.**



**October 24, 2019  
8:30-4:00PM  
Pineland Campus  
New Gloucester, Maine**

**Conference Overview**

Children and youth who have experienced abuse and neglect are at high risk for significant difficulties in their neurological, affective, cognitive, and behavioral development. Therapeutic and caregiving interventions based on attachment and neurobiology can create “safe relationships” where children and teens can develop a greater ability to regulate their emotions, resolve conflicts and traumatic experiences, and establish coherent narratives. In this day-long workshop, Dan will explore the principles and strategies of both psychological treatment and daily care which utilize an understanding of attachment, neurobiology and trauma. This model of intervention will be demonstrated with videos of treatment sessions.

**Speaker’s Biography**



Dan Hughes, Ph.D. has spent over 40 years helping children and youth reach their full potential and reconnect with others in their lives. Dan has conducted seminars, workshops, spoken at conferences, and guest lectured throughout the US, Europe, Canada, and Australia over the past 18 years. Dan developed Dyadic Developmental Psychotherapy (DDP) along with an extensive certification program in DDP for therapists around the world. Dan has also authored many books including: Attachment-Focused Parenting (2009), Attachment-Focused Family Therapy Workbook (2011), Brain-Based Parenting (2012) and The Neurobiology of Attachment-Focused Therapy (2017) with Jon Baylin. His most recent work is Healing Relational Trauma with Attachment Focused Interventions: Dyadic Developmental Psychotherapy with children and families (2019) with Kim Golding and Julie Hudson. Information about Dan’s programs, books, and DVDs may be found on his website: [danielhughes.org](http://danielhughes.org)

## Learning Objectives:

1. Understand the effects of developmental trauma and attachment disorganization
2. Understand the developmental effects of a secure attachment
3. Understand the basic principles of Dyadic Developmental Psychotherapy
4. Understand the basic interventions of Dyadic Developmental Psychotherapy
5. Understand the basic principles of caregiving for developing attachment security
6. Understand characteristics of day-to-day care

## Outline:

### 8:30 AM-12:00PM

- The developmental challenges of the mistrustful child
- Developmental trauma & the need for self-reliance
- The developmental strengths of the trusting child
- Secure attachments and intersubjective relationships
- Principles of Dyadic Developmental Psychotherapy (DDP) and daily care for Young People and their Caregivers
- Intersubjective Presence: attunement, joint attention and intentions
- Conversations and Stories
- PACE: Playfulness, acceptance, curiosity, and empathy

12:00-1:00PM Lunch (on your own)

### 1:00-4:00PM

- Structure & Interventions of Dyadic Developmental Psychotherapy
- Two phases of Treatment
- Focusing under the symptoms
- Follow-Lead-Follow
- Affective/Reflective Dialogue
- Speaking for/Speaking about Interactive Repair
- Caregiving Principles and Interventions
- Exploring the Caregivers' parenting and attachment histories
- Blocked Care
- Day-to-Day Care
- Wrap-up and Questions

## Workshop Details:

**Date:** 10/24/19

**Time:** 8:30AM – 4:00PM

**Location:** 15 Farm View Drive, Pineland Farms, The Mount Washington Room, New Gloucester, Maine 04260

**Intended Audience:** Psychologists, Social Workers, Special Educators, Teachers, SLP's, OT's, Parents, Foster Parents, Adoptive Parents, Case Managers, DHHS Case Workers, anyone wanting to learn more about developmental trauma.

**Tuition:** \$165 Early Bird rate until 8/30/19, \$175 individual rate after 8/30/19

Group rates: \$155 for 3 or more attendees, \$145 for 6 or more attendees.

**Register:** online with link: <https://form.jotform.com/92045562563155>

**Continental breakfast:** and a light afternoon snack and refreshments will be provided

Multiple sites on campus for your lunch accommodations

**Audience:** Capacity: 200

CEU's available through the University of Maine for \$20 per person

**Contact Information:**

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